

Reflections

Tuesday-Monday, June 23-29, 2020

From our Virtual Retreats

Tip & Ellen: "All is well here with GVVR."

Consciousness Presence: I had the chance to meet with the participants for about 30 minutes this afternoon. To a person they were impressed with the virtual retreat. Elisse wanted me to understand that she'd taken a number of graduate programs and she considered this "the best program I've taken." They were complimentary of Beth and Steve, the guided meditations, the layout of the program and the SAM technology that was underneath the exercises. "Profound experiences" was a phrase I heard several times. Well done, all. Your thoughtful planning is paying off.

Joe and Marinda: Update as of Monday 3PM. Virtual MC is going exceedingly well. The technical aspects with all using Zoom easily, excited engagement, deep sharing, and reports of insight and healing. Thanks for all the support. We are very pleased at the depth of experience and sense of group safety

Update on Porter

Several of you wrote concerned about my new grand nephew, Porter. As a premie, the docs were concerned that his lungs would not be developed as needed for life in the outside world. They gave him a little bit of oxygen at the beginning, but very soon thereafter put him on room air. He and mom are doing fine. He's one week old now and has regained his birth weight and grew a centimeter. Proud mom told us that, "He's really feisty with the nurses. That's great!" Be careful what you wish for, Gigi.

COVID-19

This is an excellent graphic story of the rise of the virus since January. A pretty chilling tale.

<https://www.nytimes.com/interactive/2020/us/coronavirus-spread.html>

Follow up: My daughter-in-law's grandfather passed away over the weekend. He was a victim of COVID-19 striking an assisted living facility.

See you Tuesday,
Scott